

## Appendix 1

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix 1 to: Clemens SL, Berry HL, McDermott BM, Harper CM. Summer of sorrow: measuring exposure to and impacts of trauma after Queensland's natural disasters of 2010–2011. *Med J Aust* 2013; 199: 552-555. doi: 10.5694/mja13.10307.

Clemens SL, Berry HH, McDermott BM, Harper CM

## Appendix 1

Australian Trauma Exposure and Impact Screen, adapted for current survey (11, 12, 21)

- 1.# 'On a scale of 1 to 10, where '1' is 'not at all' and '10' is 'very severe', how badly were you affected by the summer floods or cyclones in Queensland?'
- 2. # 'Were any of the following flooded or damaged ....' ('Yes', 'No', 'Don't know' for each of 2a-d):
  - 2a new: Your suburb or local area?
  - 2b new: The home of a family member, close friend or carer?
  - 2c new: Your business or other income-producing property?
  - 2d\*: Your home?
  - new Supplementary items 2a(i), 2b(i), 2c(i) and 2d(i): Where respondents endorsed any of items 2a-2d, a follow-up question asked 'How badly were you <u>affected</u> by this flooding or damage?' (responses on a 10-point Likert-type scale from '1'='Not at all' to '10'='Very Severe').
- 3. new 'Did you have to move out of your home?' ('Yes', 'No', 'Don't know')
- 4. \*\*reduced (e.g. because you lost your job or your hours were reduced)?' ('Yes', 'No', 'Don't know')
- 5. # 'You thought you might be injured or even die' ('Yes', 'No', 'Don't know')
- 6. \* 'You felt terrified, helpless or hopeless?' ('Yes', 'No', 'Don't know')
- 10a. \* 'You are still currently distressed about it?' ('Yes', 'No', 'Don't know')
- 10b. <sup>new</sup> 'How often do you have distressing thoughts about the floods or cyclones? Would you say....' (responses on a 5-point Likert-type scale from '1'='All of the time' to '5'='None of the time')
- 11a. <sup>new</sup> Are you worried about how you will manage over the coming months? ('Yes', 'No', 'Don't know')
- 11b. <sup>new</sup> How often are you worried about how you will manage? (responses on a 5-point Likert-type scale from '1'='All of the time' to '5'='None of the time')

## Notes:

- \* Item is exactly as presented in the original screening instrument
- # Item was modified based on the original screening instrument. For item 5, owing to the relatively low injury and mortality rates associated with the disasters, two trauma impact items from the original trauma screen were combined into a single item. Note that items 5 and 6 in the present screen meet the criterion A (stressor) requirement of the DSM-IV-TR criteria for Posttraumatic Stress Disorder (22).
- new Item is new, developed for the present study.